

# Camp Wildflowers

## GEAR LIST & GENERAL INFORMATION

**Note: Campers should report to camp between 2 : 00 & 4 : 00 on SUNDAY afternoon. Pick- up is on Saturday at 10 : 00 AM**

**DRESS CODE:** Modesty should be the guideline for all dress. Some specifics are: Shorts should be fingertip length, no spaghetti straps, no undergarments showing as outerwear, no midriff showing (even when arms raised overhead or when bending down), one piece bathing suit, No printing on any apparel that wouldn't please the Lord. When in doubt, opt on the side of discretion.

### **CLOTHING GEAR:**

Pants- Shorts- Socks- Underwear- Long Sleeve Shirt, Short Sleeve Shirts- Pajamas- Sweatshirt or Jacket- Poncho/rain gear- Swimsuit (one piece only)- Sneakers- Sandals- Hiking Boots.

**FOR possible CAVING (grades 5-12):** One additional long sleeve shirt or sweatshirt- Pants (with no holes in the knees and no sweatpants)- Old sneakers with tread (no slick soles)- Small flashlight or head-lamp, with working batteries and extras. Caving clothes will get muddy and will not be usable for other camp activities and they may not be salvaged once home.

### **OTHER GEAR:**

- A completed, camp health form.
- Bible (as small as possible, both Testaments)
- Pencil/Pen- Paper (or journal from previous year)-Envelopes- Stamps
- Lightweight Sleeping Bag- a sheet, for hot nights- Pillow
- Dirty Clothes Bag(s)- Bug Spray- Sunscreen
- Mess Kit (unbreakable cup, bowl, plate, utensils in a ziplock bag is fine)
- WATER BOTTLE (with carrier or clip-on)
- DAY PACK ( like a small, old school pack or a hip pack)
- FLASHLIGHT and/or a Head-lamp, with extra batteries
- 2 lightweight, bathsize towels- washcloth- toiletries ( toothbrush & paste, deodorant, shampoo, soap, scrunchies, etc.)
- Medicines (to be dispensed by Health Attendant)

***Note:** Anything with a strong fragrance will attract bugs, but a strong body odor will offend cabin mates. Please try and find some basic, preferably biodegradable toiletries.*

### **OPTIONAL GEAR:**

Bug net- Stuffed Animal - Camera-Hat-Tee shirt for swimming, to prevent sunburn-walking stick, sit-upon

**Additional gear for L.A.C.E. (& Adventure L.A.C.E.) Camp** (Leadership and Camping Experience- for girls who have completed 8<sup>th</sup>- 12<sup>th</sup> grade):

-Head-lamp, with extra batteries,  
-Framed Backpack, with padded hip and shoulder straps. *\*Borrow one, if necessary, or contact Mss. Posie to secure use of a camp backpack,*

### **WHAT NOT TO BRING:**

**Electronic games, music, or cell phones**

**\*We recommend labeling all your child's belongings and securely enclosing a list of those items in your child's luggage for her to refer to when packing up at the end of camp.**

### **The camp Store**

is open daily for campers. All campers bank their money with the registrar. Any unspent money is returned at check-out. Several souvenir items are available at the camp store. Some include: Camp hats, bandanas, and Tee Shirts-Youth & Adult size, HWBC compass/whistle, disposable cameras, flashlights, assorted sizes new water shoes, ponchos, pencils, toothbrushes, etc.

**Mail is an important part of camp.** We recommend 2-3 pieces of mail. The first should be sent 2-3 days prior to the first day of camp.

### **\*\*\*NOTE\*\*\***

New mail policy: Only one mail item per day per household address will be counted towards daily mail accumulation .

( Camp tradition holds that if a camper or staff receives 3 or more pieces of mail from legitimate, different addresses in one day she must run a lap around the building for each additional piece! Please do not overload your girl with mail. It takes a very long time and interferes with the meal schedule. This tradition is just to add a little fun to mail call. Overdoing it is no fun for the girl or those waiting.)

To write to your daughter at camp, the address is:

Camper Name  
HWBC/ Camp Wildflowers  
General Delivery  
Wardensville, W.VA. 26851

Questions should be directed to Joanne "Mss. Posie" Curran. Before June 20<sup>th</sup> at:

240-643-2981, or After June 20<sup>th</sup> at camp: 304-874-3586. You can email me anytime at [mssposie@camphemlock.org](mailto:mssposie@camphemlock.org) or at the camp email [GodDoesThings@camphemlock.org](mailto:GodDoesThings@camphemlock.org)